



# Study Skills



## Why?

- Your brain forgets details of the work you did months ago, but...
- You need these details to answer the questions in the exam, so...
- You need to 'top-up', by using the correct revision technique

## Where?

- In a quiet room, that is warm and well-lit, with a table.
- Ideally get a table-lamp, to help you to focus, with a clock for timing.
- Turn off the computer (unless you need it) and turn off your phone

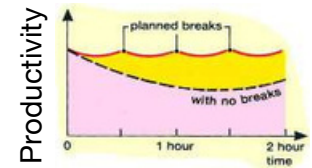


## When?

- Start **NOW**. Revision is practice. You need to practise throughout the year if you are going to perform your best.
- Start your revision early each evening, before your brain gets tired.
- Revise continuously throughout the year.

## How? The Pomodoro Technique

The Pomodoro technique is a time management technique developed to **raise productivity**. The process is very simple. Work is split into **25 minute blocks** (or POMs). Each POM is followed by a **5 minute break**.



The skill is in sticking to the time scales and ensuring that you are fully focused for the 25 minutes of each POM. You should be able to remain focused for this time - this results in a greater learning efficiency over time.

## What should I do?

- Write your own notes, summarise the topic.
- Elaborate on what you are reading - ask lots of WHY questions.
- Move on as quickly as possible from writing notes to answering questions.
- The questions could be from revision guides, class work, PP&R, set by yourself or past exam questions.
- When you complete exam questions answer them in as much detail as possible- use your book or revision guide to help. You can then go over these model answers again.

### Revision Plans

We forget things over time. There are ways to boost your memory:

- **Review work the day after** it has been completed
- **Return to the work again one week later**

