

Hazel Grove High School

Physical Activity Policy



Key Responsibility: Ms S Sampson
Last Review: January 2011
Next Review: January 2012

**Approved by Governors on
7th February 2011 at the
Community Meeting**

Introduction

Hazel Grove High School is committed to promoting the health and well being of its students and staff through physical activity. The policy outlines the organisation, teaching and management of physical activity at Hazel Grove High School.

Ethos and Environment

Hazel Grove High School strives to maximise opportunities for students and adults associated with the school to be physically active by promoting physical activity throughout the school. This includes the curriculum, extra curricular and the wider community.

Physical Activity Policy Co-ordinator

The school physical activity co-ordinator is Mr S Wheatley

Physical Activity Aims and Objectives

Aim – To ensure that all aspects of physical activity in school are promoted for the health and well-being of students and staff.

Our specific objectives are as follows:-

1. To ensure students and staff understand the importance of physical activity through the provision of lessons, extra curricular activity at lunchtimes and after school.
2. To promote the development of appropriate skills, techniques and attitudes in promoting physical activity.
3. To increase physical activity levels in line with national targets.

Equal Opportunities

Opportunities offered at Hazel Grove High School are designed to be open to all, but offered mainly in single sex situations. Extra curricular clubs are also open to all who wish to attend.

Hazel Grove High School

Physical Activity Policy



There is also opportunity for staff to participate in physical activity eg staff 5 a-side 11 a-side, aerobics and running club.

Resource Provision

Hazel Grove High School has a sports hall, gymnasium, fitness room, 2 squash courts, astroturf pitch, outdoor netball and basketball courts and extensive playing fields. The school also has extensive equipment in order to deliver curricular and extra curricular activities.

Staff Responsibility

The school currently has three male and three female staff in the physical education department. There is a Head of department and second in department. Two other staff have responsibility posts outside of the subject. The department also has many external coaches who teach/coach the students in a variety of activities.

Curriculum Provision

Organisation

The PE programme is taught by the specialist teachers in the department.

Key Stage 3

Each student receives 2 hours per week of physical education.

Key Stage 4

Each student receives 90 minutes per week of physical education.

GCSE Option

A pupil who chooses this course receives 5 hours a fortnight.

BTEC Option

A pupil who chooses this course receives 5 hours per week.

The schemes of work are written per activity and are determined by National Curriculum requirements. In Year 7, 8 and 9 the students cover a broad range of activity covering five areas of study. At Key Stage 4 the curriculum becomes more specialised and narrow as the students discover areas they are good at and enjoy.

Hazel Grove High School

Physical Activity Policy



The school has many partners namely Fencing, Cheerleading, Rugby, Cricket, Dodgeball and Athletic coaches who help to supplement the curriculum and extra curricular activities.

The school SSCO plays a massive role in the school, namely: primary links, sports festivals for Year 2 up to Year 6, delivery of SSLA and using the secondary students to deliver activity to the Primary children. He also helps with extra curricular clubs and the delivery of lessons in curricular time. He also runs the JAE, gifted and talented, sports ambassadors, sports council and sports festivals throughout the year.

Assessment

Teachers who the QCA level descriptors in the National Curriculum for Physical Education. The department also use AFL booklets for the students and teachers to assess there progress.

Extra Curricular Provision

The school provides many opportunities for the students at Hazel Grove High School. Clubs and activities are on offer at lunchtimes and after school provided by the PE teachers and external coaches (Please refer to PE Extra Curricular Programme).

Competitions

Students take part in a range of inter-school and intra-school competitions organised by the department. Inter-House competitions are organised for all students as well as school term competitions against other local schools. Sports festivals, sports day and a presentation evening is also organised.

Community Partners/Links

The school is part of the Stockport Schools Sports Partnership. It also has links with the Shine Partnership with links to the ECB and local cricket clubs. It also has links with the RFU community coach who is in partnership with Manchester and Stockport Rugby Clubs. Some of the students who attend the school fencing club have also joined Bramhall Sword Club. Many girls have found a local cheerleading club which originated through the school cheerleading club. Through an initiative called 'Girls Active' a club is in the process of being formed with a local roller skating club.

Health and Safety

The department is directed by school council and BALPE documentation in regard to health and safety. The department has a safety and risk assessment file where staff refer to for guidance and procedures. All visiting coaches and adults working with the students have to be registered on the Stockport MBC

Hazel Grove High School

Physical Activity Policy



register of coaches and also CRB, insurance, first aid checks are made when the coach visits the school.